







# Insight Life

A book on Moral Values

Teacher's Manual Class-3



**Gateway Publication** 

**Educational Publisher** 

| Chapter's Name                | No. of<br>Periods | Introduction + Study of the text<br>+ Discussion   | No. of<br>Periods | Class work (Exercises + Activities + Home work)   | Total no.<br>of Periods |
|-------------------------------|-------------------|--|-------------------|---|-------------------------|
| 1. Prayer                     | Н                 | Explanation, reading, recite any other prayer.   | ⊣                 | Discussion of Ques/Ans from the exercise, write exercises Activity as homework.                                     | 2                       |
| 2. Respect for parents        | 2                 | Explanation with interaction, discussion with examples.  | 2                 | Discussion of the exercises-write short/objective answers as classwork. Write answers & Activity work for homework. | 4                       |
| 3. Good Manners               | 2                 | Explain with examples,<br>discussion of Ques-Ans. from<br>exercises.                                   | Т                 | Do the objective points 2 as classwork.<br>Activity and Ques/Ans. as homework.                                      | 8                       |
| 4. A Wise Young King          | П                 | Reading, explanation.<br>Discussion of Ques-Ans. from<br>the exercises.                                | T                 | Do the objectives as classwork and Ques/<br>Ans., writing-Activity as homework.                                     | 2                       |
| 5. Unconditional Love         | 2                 | Explanation, reading, interaction with practical examples, discussion of Ques-Ans. from the exercises. | 1                 | Do the exercises as classwork and Activity<br>as homework.  | က                       |
| 6. Helping Hand               | $\leftarrow$      | Explain, reading, discussion of Ques-Ans. from the exercises.  | $\vdash$          | Do the exercises as classwork and Activity<br>as homework.  | 7                       |
| 7. Teamwork                   | П                 | Explain, reading, examples from<br>current situation, discussion of<br>Ques-Ans.                       | Т                 | Do the exercises as classwork and Activity as homework.   | 2                       |
| 8. God cares for his children | 1                 | Reading, Explanation.  | 1                 | Do the exercises as homework and Activity<br>as classwork.  | 2                       |
| 9. Health and Fun with yoga   | 2                 | Explain with importance of yoga<br>postures, demonstration.  | П                 | Stick pictures on chart as homework.  | m                       |

| Chapter's Name              | No. of<br>Periods | Introduction + Study of the text<br>+ Discussion                        | No. of<br>Periods | Class work (Exercises + Activities + Home work)                         | Total no.<br>of Periods |
|-----------------------------|-------------------|---|-------------------|---|-------------------------|
| 10. Care for Environment    | 1                 | Reading, explanation,<br>discussion of Ques-Ans. from the<br>exercises. | 5 1               | Objectives as classwork and Ques/Ans.<br>writing, Activity as homework. | 2                       |
| 11. Being Courteous         | 1                 | Reading, explanation with other examples.                               | 1                 | Do the exercises as classwork and Activity as homework.                 | 2                       |
| 12. Being Responsible       | 1                 | Reading, explanation, give other<br>references.                         | 1                 | Do the exercises as classwork and Activity as homework.                 | 2                       |
| 13. Whom does God Love      | 1                 | Reading, explanation  | 1                 | Do the exercises as classwork and Activity<br>as homework.              | 2                       |
| 14. Being Kind              | 1                 | Reading, explanation, give<br>other examples.                           | ₽                 | Do the exercises as classwork and Activity<br>as homework.              | 2                       |
| 15. Being Good Citizen      | 1                 | Reading, explantion.  | 1                 | Do the exercises as classwork and Activity as homework.                 | 2                       |
| 16. Being Grateful          | 1                 | Reading, explanation.   | 1                 | Do the exercises as classwork and Activity<br>as homework.              | 2                       |
| 17. The birth of Lord Jesus | 1                 | Reading, explanation.   | 1                 | Do the exercises as classwork and making of Christmas card as homework. | 2                       |
| Total No. of Periods        | 21                |   | 18                |   | 39                      |

## Prayer

#### **Exercises**

#### A. Answer the following questions.

- 1. We pray to thank God and have a good relationship with Him.
- 2. To be good we should be honest, helpful to others, be a good listener and accept our mistakes.
- 3. We can thank God through prayers.
- 4. 'God, Thank you for my life. I want to give you every minute of my life to you. I shall try to keep you in my mind. Help me to be sincere, honest and hard working.

#### B. Answer the following questions in 'Yes' or 'No'.

- 1. Yes 2
- 2. No
- 3. Yes
- 4. Yes
- 5. No.

#### C. Fill in the blanks.

- 1. food
- 2. sing
- 3. day
- 4. care

#### **Activity Zone**

#### A. How do we thank God.

Student will write according to the their feelings.

#### B. Write 2 lines about each places.

- 1. Mosque- A place of prayer for Muslims. The first mosque was the courtyard in the home of Muhammad, Islam's founder.
- 2. Gurudwara A place of assembly and worship for Sikhs. The best known gurudwara is in Amritsar, Punjab- Darbar Sahib including Golden Temple.
- 3. Church A public place of worship, for people of the Christian religion. Most churches include an altar or a raised plateform.
- 4. Temple A symbol of peace and belief for Hindus. The temple's main deity is the sculpture of a God or Goddess.

## **Chapter-2**

## Respect for parents

#### **Exercises**

#### A. Answer the following questions.

- 1. Parental love is the only love which is truly selfless and unconditional.
- 2. A father's goodness is higher than a mountain.
- 3. Our parents give us food an clothes.
- 4. A mother's goodness is deeper than the sea.
- 5. In return, parents deserves to be loved and honoured.

#### **B.** Write True or False.

- 1. True 2. False 3. 7
- 3. True
- 4. True
- 5. False

#### C. Fill in the blanks.

- 1. comfortable
- 2. sacrifices
- 3. incorporate
- 4. duty
- 5. honoured

- D. Write 'Y' for yes and 'N'; for No against each statement.
  - 1. Y
- 2. Y
- 3. N
- 4. N
- 5. Y

#### E. Think and write.

- 1. The word respect means to have or give due regards to others.
- 2. I show respect to others by being polite, kind, courteous.
- 3. Treat other with respect, listen to the teacher, be prepared with your lessons everyday.

4. **Do's** 

Don'ts

a. Be helpful

- a. Don't show people down
- b. Be understanding
- b. Don't avoid helping others
- c. Show sympathy
- c. Don't mimic people
- d. Be responsible
- d. Don't cut jokes on others

#### **Activity Zone**

A. List four instances when your mother or father scolded you. (Students have to write according to their experiences.)

#### **Examples:**

1. Not studying properly

- 2. Eating junk food
- 3. Misbehave with any family member
- 4. Not taking interest in studies
- **B.** Dear Mom, Thank you for everything you did for me/ I want you to know that I'm so grateful for everything you did. Thank you from the bottom of my heart.

"I'm sincerely sorry for the way my actions hurt you." I'm sorry for making you upset for my wrong activities. I promise you not to repeat the same in future. Your guidance in future will help me to mould my life.

C. Find six polite words from the word box given below.

| Р | L | Е | Α | S | Е | U | W | X | K | J | W |
|---|---|---|---|---|---|---|---|---|---|---|---|
| А | G | F | R | S | Т | S | V | Y | L | Ο | Е |
| T | Н | Α | N | K | Y | О | U | Z | N | M | L |
| В | Е | Е | Q | Р | D | R | Α | В | Р | I | С |
| С | L | D | K | Р | Α | R | D | 0 | N | Н | О |
| Н | L | J | L | M | N | Y | С | D | G | Е | M |
| I | 0 | Е | Χ | С | U | S | Е | M | Е | F | Е |

## **Chapter-3**

## **Good Manners**

#### **Exercises**

- A. Answer the following questions.
  - 1. We can show good manner while travelling in a bus by giving our seat to the old, and sick people or elders.
  - 2. When we ask something from somebody, we should say 'please', if we hurt anybody we should say, 'sorry'.
  - 3. Whenever somebody give us something 'thank you' is used and when we want to talk to somebody urgently while he/she is already talking with others. 'excuse me' is used.

- 4. Our behaviour shows our identity.
- 5. Good mannered person gets respect and love in the society.
- B. Write T for true sentence and F for false sentence.
  - 1. T
- 2. F
- 3. F
- 4. F
- 5. T

- C. Fill in the blanks.
  - 1. well mannered
- 2. thank you
- 3. politeness
- 4. bus
- 5. sick

- D. Mention any four points related to table manners.
  - 1. Wash your hands properly before coming to the dining table.
  - 2. Put your napkin on you lap.
  - 3. Start eating when everyone else does.
  - 4. Stay seated, sit up straight and keep you body off the table.
- E. What will you say in the following situations?
  - 1. Please
- 2. Excuse me
- 3. Please be seated here.
- 4. Thank you

- F. Match the following.
  - 1. d
- 2. e
- 3. a
- 4. b
- 5. c

## **Activity Zone**

A. There are certain wrong things we should not do. Complete the following diagram with the names of such things.



B. Given below are some personality traits. Circle the traits we must adapt in our daily life.

Honesty

Sly

Self-control

Brotherhood

Cunningness

Carelessness

Naughty

Soft spoken

Loud spoken

Harsh

Carefulness

Determined

C. On a chart paper, make 5 stars and colour them with different colour. Write 5 magic words in the stars to spread happiness all around.





excuse me







You are welcome

please

## A wise young king

#### **Exercises**

#### A. Answer the following question.

- 1. God choose Solomon to build the temple.
- 2. Solomon was the youngest son of David.
- 3. Solomon was the young and wise king.
- 4. A fire flashed down from heaven.
- 5. The fire burnt the sacrifice.

#### B. Fill in the blanks.

- 1. obedient
- 2. wisdom
- 3. David
- 4. skillful, understanding heart.

5. raised

#### C. Choose the correct answer.

1. (a) God

2. (b) 2 mons and 1 baby

3. (a) Yes

4. (b) Gave to real mother

#### D. Rearrange the following words.

- 1. wise
- 2. richest
- 3. agree
- 4. heavens

- 5. grave
- 6. temple
- 7. wisdom
- 8. worship

#### E. Imagination-use of ten words.

Parents, wealth, health, Sun, class, moon, market, flower, stars, sports.

- 1. Sun The sun rises in the east.
- 2. Class I study in class three.
- 3. Market I am going to the market to buy sweets.
- 4. Flower Rose is a beautiful flower.
- 5. Sports The boys are participating in sports.

#### **Activity Zone**

- 1. Try to find out the owner, if not found try to donate it to someone who needs it.
- 2. I will return the extra money to the customer.

## **Chapter-5**

## **Unconditional Love**

#### **Exercises**

#### A. Answer the following questions.

- 1. Mother Teresa joined sisters of Loreto to start charity work, spread the message of love.
- 2. Seeing terrible conditions of the poor people and the slum dwellers of Calcutta, she started an open-air school.
- 3. Shishu Bhawan is a home which she started for orphans.
- 4. Padmashree Award in 1962, the Nobel Peace Prize in 1979, Bharat Ratna in 1980.
- 5. St. Mary's School, Kolkata.

#### B. Fill in the blanks.

- 1. 27th August 1910
- 2. Missionaries of Charity
- Calcutta

- 4. Poor and destitute
- 5. 24th May, 1937

| <b>C</b> . | Match  | 41 C. T | •           |
|------------|--------|---------|-------------|
|            | VISTOR | THE TAL | lowing      |
| •          | Matti  | the lui | 10 11 111 2 |

1. - iii 2. - i 3. - ii 4. - v 5. - iv

## D. Choose, tick $(\checkmark)$ and write the correct answer.

1. b 2. c 3. a 4. c 5. b

#### E. Values learnt from the life of Mother Teresa.

Courageous, Kindness, Good organiser, leadership qualities.

#### **Activity Zone**

- A. Students will do on their own
- **B.** 1. devoted her life to the poor from the age of 12.
  - 2. She has received more than 120 honours and awards.
  - 3. She was the patron saint of missionaries.
  - 4. Wore a simple, white sari with blue stripes.
  - 5. Founded the Missionaries of charity.
- **C.** Students will do it themselves.

## **Chapter-6**

## **Helping Hand**

## Exercises

#### A. Answer in one sentence.

- 1. George started working in the Post office.
- 2. He wrote a letter to God.
- 3. He wanted to buy school books.
- 4. The clerk saw the letter written by him.
- 5. The clerk gave the money to George's teacher.

#### B. Fill in the blanks.

- 1. determined 2. money 3. post office 4. prayers
- 5. fulfilled

## C. Write your answer in Yes or No.

1. No 2. No 3. Yes 4. Yes 5. No

## D. Who would you help – a child who is not hard-working, or a sincere and determined child?

(Students will discuss in the class and write their answers as per their discussion)

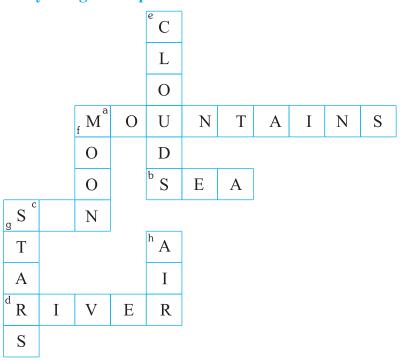
Example: I would help sincere and determined child because it can enable him to do more things he might-want to do, can give them resources to benefit towards their future dedication, determination, through this he can achieve the goals of life.

## E. How can we help in the following places.

- a) School help clean up the classroom or playing area.
- b) Playground making friendship/ resolving conflict/ sharing and taking turns/ overcoming shyness etc.
- c) Hospital Just being there/ be supportive/ helping the persons.

## **Activity Zone**

A. God has given us many things. Complete the crossword with the names of such things.



B.

Students will do accordingly

C. Why is it important to help and share. Write three sentences on this.

Helping others feels good.

You will create stronger friendship.

It makes us a better and responsible person.

## **Chapter-7**

## **Teamwork**

#### **Exercises**

- A. Answer the following question.
  - 1. Teamwork is the ability to work together towards a common goal.
  - 2. In order to complete the task, every member of the team does their work correctly and on time.
  - 3. Bee lives in a hive.
  - 4. Queen bee lays the eggs.
  - 5. Bees collect sweet juice called nectar from flowers and make it into honey.
- B. Write True or False against each sentence.
  - 1. True
- 2. False
- 3. True
- 4. True
- 5. True

- C. Choose the correct answer and fill in the blank.
  - 1. a
- 2. a
- 3. a
- 4. a
- 5. c
- D. Teamwork can happen only when every team member does his or her work correctly and on time.

- A. Discuss in groups and then write what happens if:
- 1. Honey combs could not be made and bees cannot keep their honey.
- 2. Hive would not be clean.
- 3. Less breed, a smaller colony which results in less honey.
- E. The words in the sentences are jumbled. Write them in order.
  - 1. We should be a good team member.
  - 2. A good team is a gift.
  - 3. I like to play with others.
  - 4. We all share the joy of the success of team work.

#### **Activity Zone**

B. Look at the following pictures. These people fought against different discriminations in the society. Write their names below. Take help from the given box.

Mahatma Gandhi, B. R. Ambedkar, Ram Mohan Roy, Sardar Vallabbhai Patel, Martin Luther King Jr., Savitribai Phule.

## **Chapter-8**

## God cares for his children

#### **Exercises**

- A. Answer the following questions.
  - 1. God gave shelter to Elijah.
  - 2. The order of king Ahab was to find Elijah.
  - 3. Elijah was hiding in the brook Cherith.
  - 4. The prophet asked the widow to bring a little water to drink.
  - 5. Elijah met a widow in Zarephath.
- B. Fill in the blanks using the words given below.
  - 1. soldiers, priests 2. water 3. helpless 4. afraid 5. alive
- C. Match the following.

В

- 1. and reached the brook.
- 2. and went to the land of Israel.
- 3. out of the palace gate.
- 4. very poor and troubled.
- 5. changed into joy.
- D. Sit back and relax. Close your eyes and think of what makes you happy. Helping someone might make you happy. List such things here.

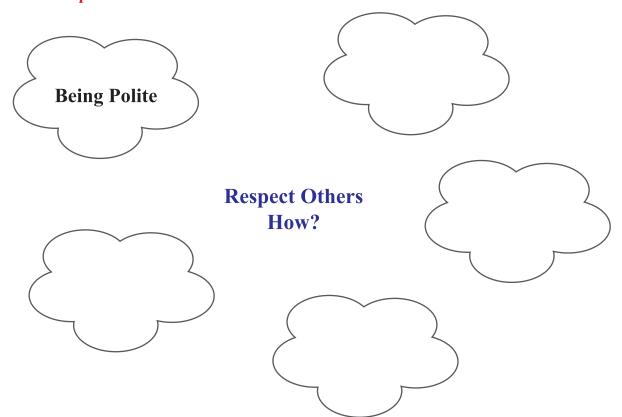
help others to carry their things, help old people to cross the road, tell a joke and laugh, going out in the evening to play with friends.

#### **Activity Zone**

- 1. Cover it gently with a thin towel, inform your teacher and take it to a veterinary doctor.
- 2. I will offer food to him from my lunch box.
- 3. I will share my umbrella with them.

## WORK-SHEET-1

#### **How To respect?** 1.



## Write four words showing conditional and unconditional love.

| Conditional Love |          | Unconditional Love   |
|------------------|----------|--|
| <b>Example:</b>  |          | Example:   |
| Selfish          | a.       | Selfless   |
|                  | b.       |  |
|                  | c.       |  |
|                  | d.       |  |
|                  | e.       |  |
|                  | Example: | Example:         Selfish       a.         b.       c.         d. |

#### What would you like to do? **3.**

Draw happy face (a) for good behaviour and sad face (b) for wrong behaviour.

| a) | Be a good listener   |
|----|----------------------|
| b) | Run in the classroom |
| c) | Snatching toys       |
| d) | Share toys           |

Hitting each other \_\_\_\_\_

| M    | y friend Sima.                                      |          |            |                                    |
|------|---|----------|------------|------------------------------------|
| 1.   |   |          |            |                                    |
| 2.   |   |          |            |                                    |
| 3.   |   | \        |            |                                    |
| 4.   |   |          |            |                                    |
| 5.   |   |          |            |                                    |
|      | noose the correct answer.                           |          |            |                                    |
| a.   | Teamwork is the ability to work                     |          | towards a  | common goal.                       |
|      | i. alone  | ii.      | <br>lazily | -                                  |
|      | iii. together                                       | iv.      | carelessly |                                    |
| b.   | Bees live together in a                             |          |            |                                    |
|      | i. colony   | ii.      | home       |                                    |
|      | iii. tree   | iv.      | hive       |                                    |
| c.   | God for his children.                               |          |            |                                    |
|      | i. cares  | ii.      | hate       |                                    |
|      | iii. neglect  | iv.      | useless    |                                    |
| d.   | We must lend a helping hand to the hard             | workir   | ng and     | person.                            |
|      | i. ill mannered                                     | ii.      | determined |                                    |
|      | iii. careless                                       | iv.      | foolish    |                                    |
| e.   | We must try to give to the poor people _ for money. |          | , wh       | nich the rich people could not get |
|      | i. enjoyment  | ii.      | clothes    |                                    |
|      | iii. food   | iv.      | love       |                                    |
| . Aı | iswer the following questions.                      |          |            |                                    |
| a.   | How do we thank God?                                |          |            |                                    |
| b.   | What do we mean by parental love?                   |          |            |                                    |
| c.   | What are the qualities of a well mannere            | ed perso | on?        |                                    |
| d.   | Write a famous quote of Mothe Teresa.               |          |            |                                    |

Write down the names of 5 persons who help you in your daily life on each finger of the

## **Care for Environment**

#### **Exercises**

- A. Answer the following questions.
  - 1. Oxygen is the most essential things given to us by the trees.
  - 2. When the king of the jungle opened both his eyes, he saw the elephant, owl, snake, deer, pigeon, squirrel family, wolf and monkey.
  - 3. The idea of the little squirrel was to hang fruits & flowers all over the trees.
  - 4. The villager saw juicy fruits and bright flowers hanging from the trees.
  - 5. The village headman said that from today onward no one will cut any tree.
- B. According to the story, number these sentences in the correct order.

3 5 1 2 4 6

- C. Answer in one word.
  - 1. Firewood 2. Monkey 3. The little squirrel
  - 4. The villagers 5. Birds
- D. Write True or false.
  - 1. False 2. True 3. True 4. True
- E. Many big and small animals make trees their homes. Take help of the picture clues and fill their names in the crossword.

**SNAKES** 

**SPARROWS** 

**MONKEYS** 

**BEES** 

**SQURRELS** 

#### **Activity Zone**

A. Which environmental effects are seen nowadays? Are they good or bad? List down ways in which we can save our environment.

#### **Environmental Effects**

#### Remedies

- 1. Air Pollution
- 1. All I ollution
- 2. Water Pollution
- 3. Food & water shortages
- 4. Loss of Biodiversity
- 5. Deforestation

- 1. Use less energy, plant more trees.
- 2. Water conservation, wastewater treatment.
- 3. Multiple cropping, crop rotation, rain water harvesting.
- 4. Use sustainable products, plant a tree.
- 5. Recycle the products, go paperless, educate others.

## Chapter-11

## **Being Courteous**

#### **Exercises**

- A. Answer the following questions.
  - 1. Courtesy means showing respect to others.
  - 2. Vandana felt sorry for the old lady in the bus.
  - 3. We should show courtesy to others, especially to older people because it helps them to live a higher quality of life and makes them happy.

|           | 5.          | Vandana was vo                   | ery tired      | l bec  | ause she v  | vas practi | sing h | ard    | for the school        | ol sport | s day.       |        |
|-----------|-------------|----------------------------------|----------------|--------|-------------|------------|--------|--------|-----------------------|----------|--------------|--------|
| <b>B.</b> | Hei         | re are some coul                 | rteous v       | vays   | of behavi   | ing. Mate  | ch the | m c    | orrectly.             |          |              |        |
|           | 1.          | i                                | 2.             | h      |             | 3.         | f      |        |                       | 4.       | e            |        |
|           | 5.          | g                                | 6.             | c      |             | 7.         | b      |        |                       | 8.       | a            |        |
|           | 9.          | d                                |                |        |             |            |        |        |                       |          |              |        |
| C.        | Col         | our the circle gi                | reen if y      | you a  | igree with  | the stat   | ement  | or     | colour it red         | l if you | disagree.    |        |
|           | 1.          | (green)                          |                | 2.     | green)      |            |        | 3.     | (red)                 |          |              |        |
|           | 4.          | (green)                          |                | 5.     | (red)       |            |        |        |                       |          |              |        |
| D.        | Uns         | scramble the jui                 | mbled v        | vord   | s in each   | row to fi  | nd out | t soı  | me of the qu          | alities  | that court   | eous   |
|           | peo         | ple have.                        |                |        |             |            |        |        |                       |          |              |        |
|           | -HE         | ELPFUL                           |                | -PL    | EASANT      |            |        | -FF    | RIENDLY               |          |              |        |
|           | -H <i>A</i> | APPY                             |                | -PC    | DLITE       |            |        | -CA    | ARING                 |          |              |        |
| E.        | Cho         | oose the correct                 | option         | s by   | putting ti  | ck (✓) in  | the a  | ppr    | opriate box.          |          |              |        |
|           |             | ` '                              | 2. (b)         |        | 3.          | (b)        |        |        |                       |          |              |        |
|           |             | Zone                             |                |        |             |            |        |        |                       |          |              |        |
| A.        |             | lden in the grid                 |                | een v  | vords tha   | t show co  | ourteo | usn    | ess. Find the         | em.      |              |        |
|           |             | given in the text                |                |        |             |            |        |        |                       |          |              |        |
| <b>B.</b> |             | ok around in you                 | ur roon        | ı. Li  |             |            | _      | ooks   | s, dresses etc        | e. you i | 10 longer ι  | ise.   |
|           | (a)         | •                                |                |        | ` /         | Pencil b   |        |        |                       |          |              |        |
|           | ` ′         | Water bottle                     |                |        | ` ′         | Tiffin be  |        | ,      |                       |          |              |        |
|           | (e)         | Drawing Copy                     |                |        | (f)         | Coloure    | _      | / pe   | ncils                 |          |              |        |
|           | (g)         | T-shirt                          |                |        | 1 1         | Long Fi    |        |        |                       |          |              |        |
|           | (i)         | Black shoes                      | 1              |        | (j)         | Half-pa    | nt     |        |                       |          |              |        |
|           | (k)         |                                  | OOK            |        | (1)         | Bag        | 1      |        |                       |          |              |        |
|           | ` /         | Doll                             |                |        |             | Footbal    |        |        |                       |          |              |        |
|           | \ /         | Hair band                        | <b>C</b> .II J |        | (p)         | Game b     |        | NT.    | over la o /ola o la o |          | a 4a aalbaal | 1:24]. |
| C.        |             | lassmate of your hand in a cast. | rs tell d      | lown   | and brok    | ke mis/ner | nand   | . IN ( | ow, ne/sne na         | as com   | e to school  | with   |
|           |             | w can you help l                 | him/hei        | r atte | end school  | l without  | any r  | rot    | olem?                 |          |              |        |
|           |             | ing care of him/h                |                | att    | na senoo    | i without  | any p  | )1 U K | , iciii.              |          |              |        |
|           |             | ing him/her to th                |                | oom:   | by holdin   | g his/her  | hand.  |        |                       |          |              |        |
|           |             | re company to his                |                | 00111  | 0) 11010111 | 8          |        |        |                       |          |              |        |
|           |             | ping him/her to t                |                | n.     |             |            |        |        |                       |          |              |        |
| D.        |             | at will you do/s                 |                |        | rteous in   | these sit  | uation | s? [   | Think and w           | rite in  | your note    | book.  |
|           | 1.          | Say Sorry.                       | •              |        |             |            |        |        |                       |          |              |        |
|           | 2.          | Say May I help                   | you an         | d hel  | p him/her.  |            |        |        |                       |          |              |        |
|           | 3.          | Help her to ope                  | •              |        | _           |            |        |        |                       |          |              |        |
|           | 4.          | Use handkerchi                   |                |        |             |            |        |        |                       |          |              |        |
|           | 5.          | Wait for the ren                 | naining        | food   | to be serv  | ved.       |        |        |                       |          |              |        |
|           |             |                                  |                |        |             |            |        |        |                       |          |              |        |
|           |             |                                  |                |        |             |            |        |        |                       |          |              |        |

The old lady felt happy when Vandana gave her seat.

4.

## **Being Responsible**

#### **Exercises**

#### A. Answer the following questions.

- 1. Virat Kohli was 18 years old at the time of death of his father.
- 2. His team members were surprised to see him the next morning because on the same day in the morning his father passed away.
- 3. Virat Kohli insisted on playing because Delhi was five wickets down and karnataka had put up a big total.
- 4. No, Virat Kohli did not argue with the umpires for the wrong decision.
- 5. Virat Kohli felt the responsibility as a member of the team because without his efforts the team would surely lose the match.

#### B. Fill in the blanks.

- 1. cremation 2. responsibility 3. aware 4. abide 4. self-reliant
- C. Find out if you are responsible by colouring 'Y' with green or 'N' with red.

All will be (Yes), students will do according to their choice.

- D. One is cleaning the dishes and the other one is helping her younger brother. This means that all of us have a certain responsibility to carry out no matter how young we may be.
  - 1. When my mother was sick I had to wash cloths/ clean table after lunch, dinner/ arranged the dinner table.
  - 2. In the absence of my parents I had to take care of my younger brothers and sisters/ give medicine/ food to eat.

#### E. Answer the followings.

- 1. Respect and listen to the classmates; Give attention to the teachers; Don't take anything from classmate without his/her permission.
- 2. I will lose people's trust, harm myself; will not be able to reach my goal.
- 3. **Do's** 
  - a) Come to school in proper uniform
  - b) Turn off the tap after taking water
  - c) Be kind to trees, animals

#### Don'ts

- a) Don't make loud noise
- b) Don't bring costly articles in school
- (c) Don't use unfair means during examination

#### **Activity Zone**

According to student's nature, belief etc.

## Chapter-13

## Whom does God Love

#### **Exercises**

#### A. Answer the following questions.

- 1. When Jonah was thrown into the see, he was swallowed by a Whale.
- 2. In the belly of the fish, Jonah promised God that he would surely go to Nineveh and obey His command.
- 3. Jonah stayed in the Whale's stomach for three days.
- 4. Yes, they repented of their sins.
- 5. God did not destroy the city because people had turned away from bad ways.

- B. Fill in the blanks with the words given below.
  - 1. Whale
- 2. repented
- 3. vomitted
- 4. destroy
- C. Write 'T' for the true statement and 'F' for the false statement.
  - 1. T
- 2. T
- 3. F
- 4. T
- 5. T

D. Match the following.

A

В

- 1. d. he was swallowed by Whale.
- e. repented to God for his sins.
- 3. a. God shall destroy the city.
- 4. c. everyone in his sight is precious.
- 5. b. people had turned away from bad ways.
- E. Make sentences with the following words.
  - thrown The rider was thrown to the ground by the horse.
  - inside Tina kept her hands inside her pockets.
  - warning The teacher gave warning to the students.
  - wicked The wicked fairy bewitched the princess.
  - shelter The crowd ran for shelter when the rain started.

#### **Activity Zone**

- 1. Step in when needed, keep calm, trying to solve their problems.
- 2. I will tell him/her that it is wrong because they have planted it for beautification of the school.

## Chapter-14

## **Being Kind**

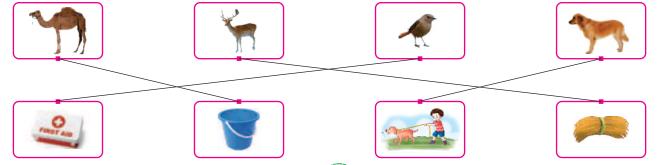
#### **Exercises**

## A. Answer the following questions.

- 1. Siddharth picked it up gently and looked after it till it was healed.
- 2. The hunter said to Siddharth that the bird belongs to him as he shot it down.
- 3. The hunter went away ashamed because Siddharth made him understand that he almost took away bird's life but he saved its life, so to whom should it belong.
- 4. Lord Mahavira and Lord Buddha taught us to be kind to animals.
- 5. Lord Mahavira was the founder of Jainism.

#### B. Fill in the blank with the words given below.

- 1. perception
- 2. something
- 3. Prince
- 4. Lord Buddha
- 5. kind
- C. The top row shows animals who need something. The bottom row shows the things they need. Match the animal with its need.



D. Find out if you care for others by colouring 'Y' circle with green or 'N' circle with red colour.

All will be (Yes), students will do according to their choice.

E. Write four sentences about a pet that you would like to have.

I would like to have a pet cat. The cat is a very adorable animal. Cats can be kept as pets in our houses as well. They have extremely strong nocturnal eyesight. They eat both meat and vegetables.

#### **Activity Zone**

- A. 1. a) Mother Teresa
  - b) Gautam Buddha
  - c) Mahatma Gandhi
  - d) A.P.J. Abdul Kalam
  - e) Ratan Naval Tata
  - 2. a) 'It's cool to be kind!
    - b) 'Kindness is an admirable virtue'.
    - c) 'Kindness is compassion and love in perfect harmony'.
    - d) 'Kindness is the most important tool to spread love among humanity.
    - e) 'Kindness is spreading sunshine into their people's lives regardless of the weather:
  - 3. a) Give time to animals, have fun with them by playing.
    - b) Tell others to be kind to animals.
    - c) Help needy animals and take care of them.
- B. Some pictures are given below. Use an appropriate statement of kindness or empathy for every situation.
  - 1. Affection

- 2. Generosity
- 3. Social Responsibility
- 5. Care for Animals

## Chapter-15

## **Being Good Citizen**

#### **Exercises**

- A. Answer the following questions.
  - 1. The merchant did not bother to shift the rock because he was very lazy, so told that it is the work of the king and his men.
  - 2. The policeman hurt his foot against the rock and blamed the king's men and went away.
  - 3. No, the young man did not act wisely because he did not want to dirty his hand and went his way.
  - 4. The farmer using all his strength managed to move the rock and roll it to a corner of the square. He was rewarded with a purse full of silver coins which was lying under the rock as a reward.
  - 5. When we do good to others, we can have a truly happy life, with peace of mind.
- B. Fill in the blank with the words given below.
  - 1. Shirva

2. vegetables

3. rock

4. rewarded

5. yourself

#### C. Make a list of things you can do which could also help others.

#### At Home

- 1. Ask the other members if they need help.
- 2. Help mother in cooking.
- 3. Help keep things clean.
- 4. Take care of the pet animals.
- 5. Fold laundry.

#### At School

- 1 Become a leader at school.
- 2. Support your classmates at school.
- 3. Pick up trash.
- 4. Help your teacher by carrying her stuff.
- 5. Help in maintaining school garden.

#### At other Place

- 1. Donate clothing, household items to people in need.
- 2. Give old books to a local library.
- 3. Donate your hair to a cancer charity.
- 4. Deliver gifts to kids in hospitals.
- 5. Give funds to a charity.

#### D. Find out if you are a good citizen by writing 'Y' for Yes or 'N' for No.

All will be 'yes', (students will do according to their choice).

#### E. Complete the sentences with correct option.

1. good citizen

2. bad citizen

3. takes care

4. pollutes

5. irresponsible

6. responsible

#### **Activity Zone**

#### A. Taking the lead for a cleaner India.

Organise cleanliness campaign to spread awareness.

Minimize the use of plastic as much as possible.

Plant more trees.

Keep a litter bag in car to dispose of litter.

Conduct a recycling drive

#### B. Put the right caption under the picture.

Don't see bad things.

Don't listen to bad things.

Don't speak bad words.

# C. Given below are few tasks that we perform daily in our lives. Make the appropriate time in the given clocks for each tasks.

| 6 am | 7 am    | 7:30 am  |
|------|---------|----------|
| 1 pm | 3 pm    | 4:30 pm  |
| 8 pm | 9:30 pm | 10:30 pm |

#### **Exercises**

- A. Answer the following questions.
  - 1. Our family supports and fulfills our needs.
  - 2. Teachers and parents help us to become better human beings.
  - 3. Priya made a gift instead of buying one because she knew that Anjali would love her gift.
  - 4. Priya was sad because Anjali forgot to thank her for the gift.
  - 5. Priya was happy again because Anjali accepted her gift as the best gift and thanked her.
- B. Fill in the blanks.
  - 1. contributions
- 2. children
- 3. wrapped

- 4. thanked
- 5. hugged
- C. Circle the correct answer from the given option.
  - 1. friends

2. made

3. thank you

- 4. thank you card
- 5. beautiful
- D. Find out if you respect everyone equally by writing 'Y' for Yes or 'N' for No.

All will be 'Yes', (students will write accordingly to their choice).

#### **Activity Zone**

A. A real hero can even change the dreaded robbers to honest people by his own honesty and courage. Think and write about the qualities of a real hero to complete the following diagram. Truthful, Kind, Fearless, Cheerful, Helpful, Calm.



C. The developments in technology and communication go hand-in-hand. Technology developments, such as the Internet and mobile devices, have also led to development in communication. Did these technological advancements really impact us, and has it really improved the quality of our communication?

#### Write your opinion in five sentences.

Efficient means of receiving information and communicating.

It is very helpful in an emergency situation.

It can benefit teachers, students to make it easier in their studies.

Can help a businessman in marketing.

Help to store music, play games etc.

## The birth of Lord Jesus

#### **Exercises**

#### A. Answer the following questions.

- 1. Joseph and Mary were the parents of Jesus.
- 2. They were staying in Nazareth.
- 3. Ceaser August us was the great ruler of Rome.
- 4. Mary and Joseph went to their hometown Bethlehem to register their names.
- 5. Lord Jesus was born in the manger of Bethlehem.
- B. Fill in the blanks with the words given below.
  - 1. manger

1.

2. protecting

3. showing

4. Bethlehem

- 5. Augustus
- C. Match the following.
  - A
    - d. they reached the town of Bethlehem.
  - 2. a. place in the cattle shed.
  - 3. e. born in a manger.
  - 4. b. to make it look like a room.
  - 5. c. were staying in Nazareth.
- D. Look at the religious symbols given below. Choose the correct religion from the box for each symbol and write it down.



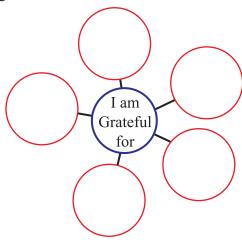
- E. Tick the correct answer for each questions.
  - 1. (b) Mary and Joseph
- 2. (a) Bethlehem
- 3. (b) Nazareth

# WORK-SHEET-2

| 1,11 | I in the blanks with the correct terms.          |      |                     |
|------|--|------|---------------------|
|      | Conservation, Reuse, Natural Reso                | urce | es, Recycle, Reduce |
| a.   | To make new products from old products.          |      |                     |
| b.   | Things found in nature used by living things.    |      |                     |
| c.   | To use less of something.                        |      |                     |
| d.   | The careful use of natural resources.            |      |                     |
| e.   | To use something again instead of throwing it av | way. |                     |
| Dr   | aw or stick pictures against the statement.      |      |                     |
| a.   | Keep your community clean                        | b.   | Be kind             |
| (    |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
| c.   | Help your neighbour                              | d.   | Share and cooperate |
| ٥.   | Troop your neighbour                             | С.   |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
|      |  |      |                     |
| e.   | Take care of the Earth                           |      |                     |

#### 3. Gratitude Web:

Fill in things you are grateful for in the blank circles.



#### 4. Kindness Checklist:

- a. Offered my friend a \_\_\_\_\_\_.
- b. Shared with .
- c. Said something nice to .
- d. Gave a thank you note to \_\_\_\_\_\_.
- e. Donated \_\_\_\_\_\_ to \_\_\_\_\_.

## 5. My letter to God:

Dear God, I am thankful for your love because

Your love makes me

because you love me. I will \_\_\_\_\_

Yours' truly

Write down two sentences using the following words.

## Excuse

- 1. \_\_\_\_\_
- 2

## Please

- 1.
- 2.

## Sorry

- 1. \_\_\_\_\_
- 2.